2026深圳沪教版六年级英语上册期中练习卷（附答案）

2026 秋 沪教牛津版（三起点，上海教育出版社） 深圳使用

本卷为笔试部分，不含听力

（满分 100 分）

姓名：_____ 班级：_____ 得分：_____

覆盖范围：Unit 1–6 + Revision 1–2（期中范围）：Growing up、My summer holiday、Healthy or unhealthy?、Our neighbours、Animals in danger、E-friends。请认真读题，把答案写在括号里或横线上。

一、选出不同类的单词（每题 2 分，共 10 分）

1. _____（A. elephant　B. healthy　C. unhealthy）

2. _____（A. neighbour　B. summer　C. friend）

3. _____（A. tiger　B. panda　C. letter）

4. _____（A. email　B. swim　C. run）

5. _____（A. baby　B. holiday　C. child）

二、单项选择（每题 3 分，共 18 分）

6. When I was a baby, I _____ only milk.（A. drink　B. drinks　C. drank）

7. Last summer holiday, I _____ to the beach with my family.（A. go　B. went　C. goes）

8. We should eat _____ food and do more exercise.（A. healthy　B. unhealthy　C. health）

9. My neighbour, Mr Li, is very _____. He often helps us.（A. friendly　B. angry　C. tired）

10. Pandas are _____ danger. We should protect them.（A. in　B. on　C. at）

11. I have an e-friend in London. We write _____ to each other.（A. books　B. emails　C. films）

三、选词填空（每题 3 分，共 15 分）

12. She _____（长大）in Shanghai.（A. grow up　B. grew up　C. grows up）

13. I _____（游泳）in the sea last summer.（A. swim　B. swam　C. swimming）

14. Too much sweet food is _____（不健康的）.（A. healthy　B. unhealthy　C. health）

15. The _____（邻居）next door are kind.（A. neighbours　B. friends　C. teachers）

16. We should _____（保护）animals.（A. protect　B. kill　C. catch）

四、问答配对（每题 3 分，共 12 分）

17. —What did you do last summer holiday? —_____（A. I went to Beijing.　B. I'm fine.　C. I like fish.）

18. —Is fast food healthy? —_____（A. Yes, it is.　B. No, it isn't.　C. I'm ten.）

19. —Why should we protect pandas? —_____（A. Because they are big.　B. Because they

are in danger.　C. Because they are white.）

20. —How do you talk with your e-friend? —_____（A. By email.　B. By bus.　C. By bike.）

五、阅读理解（每题 4 分，共 20 分）

21. I'm Tom. When I was a baby, I was small. Now I am twelve and I am tall. Last summer holiday, I went to the beach with my family. I swam in the sea. I eat healthy food and I play football every week. My neighbour, Mrs Wang, is kind. She gives us vegetables from her garden. I also have an e-friend in the UK. We write emails to each other.（）Tom is _____ now.（A. ten　B. twelve　C. eleven）

22. I'm Tom. When I was a baby, I was small. Now I am twelve and I am tall. Last summer holiday, I went to the beach with my family. I swam in the sea. I eat healthy food and I play football every week. My neighbour, Mrs Wang, is kind. She gives us vegetables from her garden. I also have an e-friend in the UK. We write emails to each other.（）Last summer holiday, Tom _____.（A. went to the beach　B. stayed at home　C. went to school）

23. I'm Tom. When I was a baby, I was small. Now I am twelve and I am tall. Last summer holiday, I went to the beach with my family. I swam in the sea. I eat healthy food and I play football every week. My neighbour, Mrs Wang, is kind. She gives us vegetables from her garden. I also have an e-friend in the UK. We write emails to each other.（）Tom eats _____ food.（A. unhealthy　B. healthy　C. sweet）

24. I'm Tom. When I was a baby, I was small. Now I am twelve and I am tall. Last summer holiday, I went to the beach with my family. I swam in the sea. I eat healthy food and I play football every week. My neighbour, Mrs Wang, is kind. She gives us vegetables from her garden. I also have an e-friend in the UK. We write emails to each other.（）Mrs Wang is Tom's _____.（A. teacher　B. neighbour　C. friend）

25. I'm Tom. When I was a baby, I was small. Now I am twelve and I am tall. Last summer holiday, I went to the beach with my family. I swam in the sea. I eat healthy food and I play football every week. My neighbour, Mrs Wang, is kind. She gives us vegetables from her garden. I also have an e-friend in the UK. We write emails to each other.（）Tom talks with his e-friend _____.（A. by letter　B. by email　C. by phone）

六、写作（第 1 题 15 分，第 2 题 10 分，共 25 分）

26. 写三句话介绍你的暑假（去了哪里、做了什么、感觉如何）：_____

27. 写两句话：怎样保持健康？（食物 + 运动）：_____

参考答案

1. A

2. B

3. C

4. A

5. B

6. C

7. B

8. A

9. A

10. A

11. B

12. B

13. B

14. B

15. A

16. A

17. A

18. B

19. B

20. A

21. B

22. A

23. B

24. B

25. B

26. 示例：Last summer holiday, I went to the beach with my family. I swam in the sea. I was very happy.（意思正确、语句通顺即可）

27. 示例：We should eat healthy food. We should do more exercise every day.（意思正确即可）

说明：写作题答案为参考示例，意思正确、拼写无误即可得分；阅读理解等主观题言之有理即可。